

Project Title: **League of emotions learners**

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Facebook page: **LoeL - League of Emotions Learners**

Website: <http://www.loel-project.eu/>

LoeL project aims at **empowering young people** so they are able **to develop their emotional competences, to identify and express self-emotions, to establish successful communication with others both online and offline, to be aware of the limits and potential of ICT-based communication and to manage emotions in professional environments** (including volunteering experiences, within a company or when being entrepreneurs).

Objectives:

- To develop **empowering and training resources** that allow young people to identify the origin and nature of the emotions.

- To facilitate a **diverse set of activities** that combine real ICT-based communication methods and channels with working and personal environments scenarios.
 - To get to know **linguistic expressions** that in different cultural backgrounds express basic emotions.
 - To teach appropriate **verbal and gestural indicators** to send effective messages in dialogues, negotiation or conflict situations.
- To provide enterprises and organizations that work with young people with a **training material** that allow to improve not only the business but also the personal and working atmosphere.

Target Groups: Young people and youth workers

Outputs and Results:

- 1) LEAGUE OF EMOTION LEARNERS APP
- 2) Short-term joint staff training event
- 3) Multiplier events